

Launching 10am (BST) 3 OCTOBER 2021



AFA
AF Association
www.afa-international.org

Patients Day at HRC

Heart Rhythm Congress

ATRIAL FIBRILLATION: WHAT YOU SHOULD KNOW!

CHAIR:

Dr Matthew Fay • Bradford, UK

WHAT IS THE DIFFERENCE BETWEEN PAROXYSMAL, PERSISTENT AND PERMANENT AF?

Dr Matthew Fay

Bradford, UK

WHAT IS ATRIAL FLUTTER AND HOW DOES IT DIFFER FROM AF?

Dr Nicholas Tullo

New Jersey, US

SNORING AND AF....

Dr Will Foster

Worcester, UK

I HAVE AF BUT HAVE NOT SEEN A SPECIALIST - DOES THAT MATTER?

Ms Cristiana Monteiro

Oxford, UK

TREATMENT/THERAPY - ASSESSING APPROPRIATE TREATMENT OPTIONS

CHAIR:

Mr Sotiris Antoniou • London, UK

ANTICOAGULATION - SIDE EFFECTS AND WHAT IF I FORGET TO TAKE THEM?

Dr Vishal Luther

Liverpool, UK

I CAN'T TAKE ANTICOAGULATION - AM I SUITABLE FOR LEFT ATRIAL APPENDAGE OCCLUSION?

Dr Sandeep Panikker

Coventry, UK

MY DOCTOR HAS RECOMMENDED A CARDIOVERSION — WHAT SHOULD I EXPECT?

Dr Will Foster

Worcester, UK

MY DOCTOR HAS RECOMMENDED ABLATION — WHAT SHOULD I EXPECT?

Dr Hugh Calkins

Baltimore, US

I HAVE BEEN OFFERED FREEZING OR BURNING FOR MY ABLATION - WHICH SHOULD I CHOOSE?

Prof Dhiraj Gupta

Liverpool, UK

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AF AND HEART FAILURE

CHAIR:

Prof Klaus Witte • Leeds, UK

HOW CAN I STOP MY HEART FROM FAILING — PREVENTATIVE MEASURES AND SYMPTOMS?

Dr Henry Oluwasefunmi Savage

Essex, UK

AF AND HEART FAILURE: WHAT DOES IT MEAN AND HOW CAN IT BE TREATED?

Dr Jonathan Piccini

Durham, US

AF GUIDELINES

CHAIR:

Mrs Trudie Lobban • Stratford Upon Avon, UK

EUROPEAN GUIDELINES - WHAT SHOULD PATIENTS BE AWARE OF?

Prof Gerhard Hindricks

Leipzig, DE

AMERICAN GUIDELINES - WHAT SHOULD PATIENTS BE AWARE OF?

Dr Jonathan Piccini

Durham, US

UK GUIDELINES (NICE & SIGN) - WHAT SHOULD PATIENTS BE AWARE OF?

Prof John Camm
President and Trustee of Arrhythmia Alliance

London, UK

A ROUNDTABLE DISCUSSION - WHAT DOES THIS REALLY MEAN TO THE PATIENT?

Prof Gerhard Hindricks
Dr Jonathan Piccini

Leipzig, DE
Durham, US

NICE GUIDELINES

DIAGNOSIS AND MANAGEMENT OF ATRIAL FIBRILLATION: KEY RECOMMENDATIONS FOR PATIENTS

Mrs Trudie Lobban

Stratford Upon Avon, UK

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MENTAL WELLBEING AND HEALTHY LIVING

CHAIR:

Mrs Shona Holding • Bradford, UK

KEEPING YOUR HEART HAPPY WITH EXERCISE AND HEALTHY EATING

Mrs Helen Eftekhari

Coventry, UK

ALTERNATIVE THERAPY (MINDFULNESS, CBT, YOGA)

Mrs Helen Hodgson

Bath, UK

LIVING WITH AF: LIFE AFTER DIAGNOSIS. I AM WORRIED ABOUT MY AF - SHOULD I BE?

Ms Angela Griffiths

Oxford, UK

BENEFITS OF RESEARCH: WHAT WE KNOW NOW!

CHAIR:

Dr Matthew Fay • Bradford, UK

BENEFITS OF CLINICAL TRIALS – CABANA TRIAL

Dr Benjamin Steinberg

Utah, US

THE IMPORTANCE OF PATIENTS IN RATE AF

Mrs Mary Stanbury

Birmingham, UK

LONG COVID AND AF

Dr Afzal Sohaib

London, UK

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