Working together to improve the diagnosis, treatment and quality of life for all those affected by arrhythmias

Palpitations
Awareness of Heart Beat Prompting Seeking Medical Advice

- Collapse or Severe Symptoms
  - 999 Call

- Self Transport To A&E
  - Immediate Measurement of HR, BP
  - Patient Appearance (Pallor, Sweating)
  - Associated Symptoms (Chest Pain/SOB)
  - 12 Lead ECG
  - Significant Abnormality
  - Appropriate Intervention
  - See Intervention Algorithms

- Call To GP On Call Service
  - Only Abnormality
  - Isolated Ectopic Beats
  - Assessment of (HIGH RISK FACTORS):
    1) Presence of pre-existing cardiac disease (Congenital H.D., Previous M.I. / CABG / Other major cardiac intervention)
    2) History or signs of heart failure
    3) History of syncope / pre-syncope
    4) Family history of sudden cardiac death in under 40s
    5) Exertional cardiac symptoms
    6) Suspected drug related phenomenon
    7) Resting ECG Abnormality - Abnormalities that are not considered high risk if no other risk factors are present:
      a) Right or left bundle branch block or
      b) 1° AV block

- Call To NHS Direct
  - Separate Sheet (p2 below)

- Appt With GP
  - Separate Sheet (p3)

- All Normal & PT. Feeling Recovered
  - Send Record of Episode to GP Surgery

- Advise to see GP if event recurs / 999 if recurrence with severe symptoms

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